

**Aspires Housing Group of Calgary**  
**Minutes from Meeting of Thursday, March 5 2020, 7-9pm**  
**The Ability Hub, Sinneave Family Foundation**

**Guest Speaker:** A member of Aspires presented on the use of 3D technology to build low cost housing for those in need. Please see the attached PowerPoint.

**Business Meeting:**

1. **Request for Additional Agenda Items:** No items
2. **Review and Approval of Minutes from February 6, 2020:** The minutes have been posted on the Aspires website. No changes or corrections noted.
3. **New Business:** A discussion on readiness was the focus of the remainder of the meeting. Families and individuals shared their stories about being ready or not being ready, and what held some back from moving onto supported independent living. John distributed a readiness scale that families completed. Check the link to view the scale.
4. **Meeting:** April 5<sup>th</sup>, Sunday is the Spring Potluck, 5-8 p.m at The Ability Hub. RSVP to [housinginfo@sinneavefoundation.org](mailto:housinginfo@sinneavefoundation.org)